



**Do you want to stop smoking?
Are you thinking about giving up smoking?
Want to talk to someone about giving up?**

If you answered yes to any of the above come and see us at a new drop in

**Stop Smoking service
Every Tuesday
St Peter's Centre, Charles Street
12pm to 2pm**

Or call the Coventry Stop Smoking Service on 0800 051 1310 or visit www.nhs.uk/smokefree

And at the same time the **Open hands community café** will be open

Delicious veggie and dairy free food at a best value price for both waged and unwaged.

- Mouth-watering cakes
- Healthy hot and cold food
- Informal relaxed environment
- Visit the onsite Hillfields Community Library
- Join in some fun activities before tucking into lunch
- Ingredients will be bought locally, fair trade and organic products will be used wherever possible





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